



# School Meals Service

## Autumn Term School Lunch Menu 2021

### Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Bolognese	Sticky Chicken (G,S)	Roast Chicken	All Day Breakfast with Sausage (G) & Bacon G/F Sausage available	Harry Ramsden Battered Seaside Fish (G)
Vegetarian	Vegan Balls (S) in Tomato Sauce	Sweet Potato & Chickpea Rosti (E)	Quorn Fillet (E)	All Day Breakfast with Vegan Sausages (S)	Omelette (E,M)
On the Side	Pasta (G) G/F Pasta available Loaded Fruit & Salad Bar	Rice Mini Corn on the Cob Loaded Fruit & Salad Bar	Stuffing (G) Choice of Seasonal Fresh Vegetables Roast Potatoes Gravy	Bread (G,S) Hash Browns Baked Beans Tomatoes Mushrooms Eggs (E)	Herby Potatoes (G) Baked Beans Bread (G,S) Loaded Fruit, Salad & Sauce Bar
Jacket Potato Baguette Pasta (G/F Pasta available)	Tuna Mayo Jacket (E) Cheese Baguette (G,M) Cheese Pasta (G,M)	Cheese Jacket (M) Ham Baguette (G) Tuna Mayo Pasta (G,E)		Baked Bean Jacket Tuna Mayo Baguette (G,E) Ham Pasta (G)	Baked Bean Jacket Egg Mayo Baguette (G,E) Tomato Pasta (G)
Dessert	Yogurt (M)	Fruit Crumble (M,G)	Chefs Choice of Cookie (G)	Fruit Salad	Rice Pudding (M) with Fruit Jam

I have coded the foods with our known school allergies, so it is easier for you to see. Please contact me if further clarification is needed. Foods marked contain:

G = Gluten or Wheat M = Milk S = Soya E = Egg

Allergy Info – Cheese will ALWAYS be replaced with Dairy Free Cheese, Gluten Free option is listed (if available), Fruit is available for allergy desserts