

SCHOOL MEALS – WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	THREE CHOICE PASTA DAY G A CHOICE OF CHEESE M , TOMATO OR PESTO	BURRITO BOWLS G	SAUSAGE SU G BAGUETTE G	JERK CHICKEN	CRISPY COATED BUBBLEFISH F
OPTION 2		JACKET POTATO WITH CHEESE M AND BEANS	NEAPOLITAN PASTA G	JACKET POTATO WITH CHEESE M AND TUNA MAYO F E	PESTO PASTA G
ON THE SIDE	BREAD G SALAD BAR	MEXICAN RICE MU SALAD BAR TORTILLAS	HOMEMADE POTATO WEDGES BEANS SALAD BAR	RICE AND PEAS GREEN BEANS PITTA BREAD G SALAD BAR	BREAD G CHUNKY CHIPS MUSHY PEAS SALAD BAR
DESSERT	LIME AND COCONUT SPONGE E, G	JELLY AND ICE CREAM M	RASPBERRY SHORTBREAD BISCUIT G E	FRUITY FLAPJACK G	CHOCOLATE MUFFIN AND FRUIT SLICE G E

PLEASE NOTE, ANY ALLERGIES WE WILL TRY OUR BEST TO CATER FOR. ANY CHILDREN WITH ALLERGIES ARE WELCOME TO CHOOSE ANY MEAL AND WE WILL DO OUR BEST TO ACCOMMODATE THEIR REQUEST WITH GLUTEN/ MILK FREE/ALTERNATIVES. IF ANY CHILDREN ARE VEGETARIAN PLEASE CAN THEY MAKE THEMSELVES KNOWN TO US AND WE WILL BE HAPPY TO DO THEM A VEGETABLE/QUORN ALTERNATIVE TO ANY OPTION 1 MEAL.

G= CONTAINS GLUTEN M= CONTAINS MILK E=CONTAINS EGG S=CONTAINS SOYA MU=CONTAINS MUSTARD C= CELERY SU=SULPHITES