

SCHOOL MEALS – WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	PASTA IN A HOMEMADE CHEESE SAUCE G M	LASAGNE G M	HOMEMADE SAUSAGE PLAIT	HOMEMADE CHICKEN KIEV MINI FILLETS G E	OMEGA 3 FISH FINGER SANDWICH F G
OPTION 2	RICH AND RUSTIC TOMATO PASTA G	JACKET POTATO WITH CHEESE M AND BEANS	CHEESE AND GARLIC PINWHEEL M G	TOMATO PASTA G	JACKET POTATO WITH A CHOICE OF TUNA F E , CHEESE M OR COLESLAW E
ON THE SIDE	SWEETCORN BREAD G SALAD BAR	SEASONAL VEG GARLIC BREAD G SALAD BAR	MASHED POTATO BEANS SALAD BAR	SAVOURY RICE BROCCOLI SALAD BAR	BREAD G FRENCH FRIES PEAS SALAD BAR
DESSERT	CHOCOLATE SHORTBREAD E, G WITH A SLICE OF FRUIT	FRUIT CRUMBLE G AND POURING CREAM M	FRESH FRUIT PLATTER	PANCAKES G M WITH BANANA AND TOFFEE SAUCE	LEMON SPONGE CAKE E G

PLEASE NOTE, ANY ALLERGIES WE WILL TRY OUR BEST TO CATER FOR. ANY CHILDREN WITH ALLERGIES ARE WELCOME TO CHOOSE ANY MEAL AND WE WILL DO OUR BEST TO ACCOMMODATE THEIR REQUEST WITH GLUTEN/ MILK FREE/ALTERNATIVES. IF ANY CHILDREN ARE VEGETARIAN PLEASE CAN THEY MAKE THEMSELVES KNOWN TO US AND WE WILL BE HAPPY TO DO THEM A VEGETABLE/QUORN ALTERNATIVE TO ANY OPTION 1 MEAL.

G= CONTAINS GLUTEN M= CONTAINS MILK E=CONTAINS EGG S=CONTAINS SOYA MU=CONATINS MUSTARD C= CELERY SU=SULPHITES